

Ragam: Poornachandrika

Thalam: Adi

Composer: Thyagaraja swamigal

P telisi rAma chintana tO namamu seyavE, oh manasA ||

AP talapu lanni nilipi nimisha maina tAraka roopuni
nija tatvamulanu ||

C rAmA yana chapalAkshula pEr
kAmAdula pOru vAru veeru
rAmAyana brahmamunaku pEru
A mAnava janantulu teeru ||

Meaning.....

Know the appropriate meaning and chant the name of Rama and be absorbed in Rama's qualities.

Concentrate and know the real nature of Rama at least for a minute.

The word Rama also means woman. Those who take this meaning get lost in thoughts of Women. Rama means Brahman (Supreme being). Those who take this meaning have their prayers answered.